

One Of A *Kind School*

March 7, 2022



Audience

- Elementary Students (Upper and Lower)
- Staff
- Community

Objectives

To strengthen the kindness culture in the EGW community.

To create a training program which focuses on empowering students to become Kindness Coaches to help them encourage their peers through strategies and modelling behaviour.

To teach children they can make a significant positive impact and take control of helpless feelings through acts of kindness.

Areas to Explore

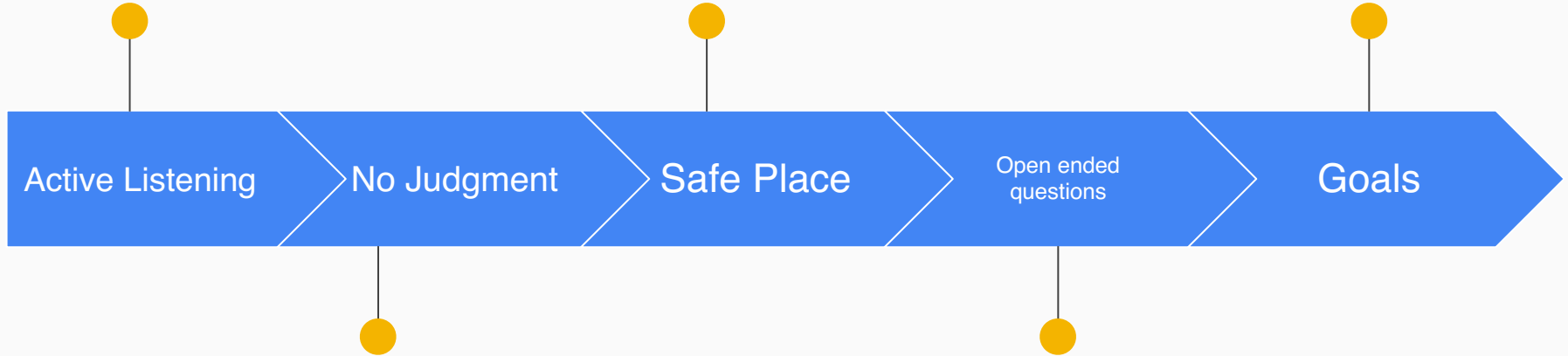
- Community Support
- Communication Assemblies
- Pre and Post Survey Data
- Coaching Workshops
- Kindness Culture Building
- Universal Kindness Foundation

Coaching Approach

How to be a valued listener.

Create a secure and caring space for sharing

Helping someone move towards their vision



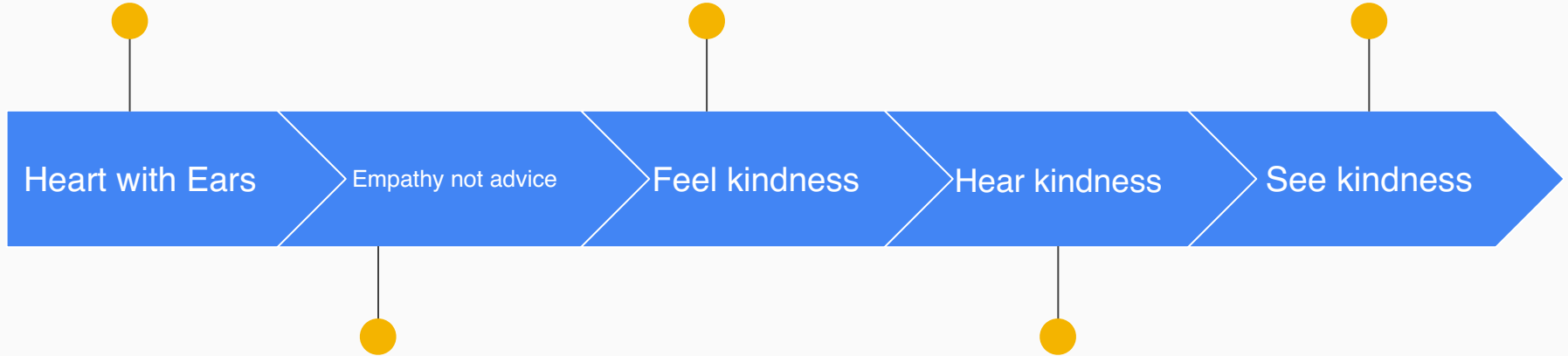
Removing judgment from interactions

Asking questions that allow self discovery and respect.

How to be a valued listener.

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Kindness Culture Building

Culture Building has sustainable impact but requires support:

1. Staff and administration need authentic buy in. **Kindness Commitment**
2. Grade level discussions/lessons
3. School launch and celebration assemblies
4. Consistent messaging throughout the year (school community)
5. One Of A **Kind School Challenge**

Kindness Coaching

- Every Class Trained
- Kindness Club to support culture consistently (lower and upper)
- Kindness Capes for Kindness Hero (lower)
- Kindness Cups for Cup Fillers (Upper)
- Pre Survey and Post Survey to measure success
- Promote Kindness Coach Trainers from each Grade to create sustainability

Kindness Coaching (Lower and Upper Elem)

Lower Elementary

1. A Hello Can Grow
2. Kindness Treasure Hunt
3. Kindness Superheroes (super hearing, indestructible hearts)
4. Role playing scenarios
5. Coaching Training Class
6. UKF Fundraising

Upper Elementary

1. Empathy vs Apathy
2. Capture Kindness (media)
3. Kindness Cups (Filling someone's Cup) Messaging & Service
4. Role playing scenarios
5. Coaching Training
6. UKF Fundraising

My Possible Role

23 classes receive 1 hour of training each

Program development and Assessment Survey

Media Posts and Challenges

Upper Elementary Filming and Editing Projects

2 Assemblies (Launch & Celebratory)

Staff and Administration Meetings